

**Expanded BRFSS, 2003**

**Hamilton, Herkimer**

Table of Contents:

|   |    |
|---|----|
| Optional Module 4: Cholesterol Awareness.....   | 1  |
| Optional Module 6: Disability.....              | 3  |
| Optional Module 9: Fruits and Vegetables.....   | 4  |
| Optional Module 12: Hypertension Awareness..... | 5  |
| Optional Module 13: Injury Control - Falls..... | 6  |
| Optional Module 14: Immunization.....           | 7  |
| Optional Module 15: Oral Health.....            | 11 |
| Optional Module 24: Weight Control.....         | 13 |
| Optional Module 25: Cervical Cancer.....        | 17 |

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## Ever had Blood Cholesterol Checked

*Hamilton, Herkimer*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n  | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|----|------|-------------------|
| Total              | 494            | 80.4               | 93 | 19.6 | 4.1               |
| Gender             |                |                    |    |      |                   |
| Male               | 196            | 78.6               | 46 | 21.4 | 6.2               |
| Female             | 298            | 82.1               | 47 | 17.9 | 5.5               |
| Age                |                |                    |    |      |                   |
| 18-34              | 57             | 55.5               | 44 | 44.5 | 11.1              |
| 35-54              | 197            | 84.4               | 32 | 15.6 | 5.5               |
| ≥55                | 237            | 93.5               | 17 | 6.5  | 3.3               |
| Education          |                |                    |    |      |                   |
| ≤High School       | 230            | 75.8               | 52 | 24.2 | 6.5               |
| >High School       | 263            | 84.4               | 41 | 15.6 | 5.0               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Had Blood Cholesterol Checked in the Past Five Years

*Hamilton, Herkimer*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n   | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|-----|------|-------------------|
| Total              | 465            | 76.1               | 117 | 23.9 | 4.3               |
| Gender             |                |                    |     |      |                   |
| Male               | 182            | 73.9               | 58  | 26.1 | 6.5               |
| Female             | 283            | 78.0               | 59  | 22.0 | 5.7               |
| Age                |                |                    |     |      |                   |
| 18-34              | 53             | 53.0               | 46  | 47.0 | 11.2              |
| 35-54              | 180            | 76.5               | 48  | 23.5 | 6.4               |
| ≥55                | 229            | 91.2               | 23  | 8.8  | 3.8               |
| Education          |                |                    |     |      |                   |
| ≤High School       | 219            | 72.8               | 61  | 27.2 | 6.6               |
| >High School       | 245            | 78.9               | 56  | 21.1 | 5.5               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Adults with a Disability

*Hamilton, Herkimer*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n   | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|-----|------|-------------------|
| Total              | 152            | 23.0               | 445 | 77.0 | 3.8               |
| Gender             |                |                    |     |      |                   |
| Male               | 63             | 23.0               | 184 | 77.0 | 6.0               |
| Female             | 89             | 23.0               | 261 | 77.0 | 4.7               |
| Age                |                |                    |     |      |                   |
| 18-34              | 11             | 9.2                | 95  | 90.8 | 5.8               |
| 35-54              | 54             | 22.5               | 177 | 77.5 | 5.8               |
| ≥55                | 86             | 33.2               | 170 | 66.8 | 6.8               |
| Education          |                |                    |     |      |                   |
| ≤High School       | 80             | 24.2               | 209 | 75.8 | 5.4               |
| >High School       | 71             | 21.8               | 235 | 78.2 | 5.3               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Eat Five Fruits or Vegetable Servings per Day

*Hamilton, Herkimer*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n   | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|-----|------|-------------------|
| Total              | 157            | 27.1               | 442 | 72.9 | 4.3               |
| Gender             |                |                    |     |      |                   |
| Male               | 50             | 23.2               | 197 | 76.8 | 6.6               |
| Female             | 107            | 30.7               | 245 | 69.3 | 5.5               |
| Age                |                |                    |     |      |                   |
| 18-34              | 25             | 24.5               | 81  | 75.5 | 9.4               |
| 35-54              | 60             | 28.3               | 171 | 71.7 | 6.8               |
| ≥55                | 70             | 27.3               | 188 | 72.7 | 6.5               |
| Education          |                |                    |     |      |                   |
| ≤High School       | 58             | 21.5               | 233 | 78.5 | 5.8               |
| >High School       | 98             | 32.0               | 208 | 68.0 | 6.1               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Ever Been Told Have High Blood Pressure by a Medical Professional

*Hamilton, Herkimer*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n   | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|-----|------|-------------------|
| Total              | 180            | 25.5               | 418 | 74.5 | 3.7               |
| Gender             |                |                    |     |      |                   |
| Male               | 70             | 24.4               | 177 | 75.6 | 5.7               |
| Female             | 110            | 26.5               | 241 | 73.5 | 4.9               |
| Age                |                |                    |     |      |                   |
| 18-34              | 5              | 3.2                | 101 | 96.8 | 3.0               |
| 35-54              | 44             | 20.1               | 187 | 79.9 | 5.7               |
| ≥55                | 129            | 46.4               | 128 | 53.6 | 6.9               |
| Education          |                |                    |     |      |                   |
| ≤High School       | 95             | 26.6               | 196 | 73.4 | 5.4               |
| >High School       | 83             | 24.3               | 222 | 75.7 | 5.2               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Had a Fall in Past Three Months

*Hamilton, Herkimer*

| Demographic Groups | n <sup>1</sup> | No fall % <sup>2</sup> | C.I. <sup>3</sup> | n  | Fall with injury % | C.I. | n  | Fall no injury % | C.I. |
|--------------------|----------------|------------------------|-------------------|----|--------------------|------|----|------------------|------|
| Total              | 314            | 83.5                   | 4.0               | 26 | 7.0                | 2.8  | 39 | 9.4              | 3.1  |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Had a Flu Shot in the Past 12 Months, Aged 65 and Older

*Hamilton, Herkimer*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n  | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|----|------|-------------------|
| Total              | 97             | 60.7               | 57 | 39.3 | 8.9               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Had a Flushot in the Past 12 Months

*Hamilton, Herkimer*

| <b>Demographic Groups</b> | <b>n<sup>1</sup></b> | <b>Yes %<sup>2</sup></b> | <b>n</b> | <b>No %</b> | <b>C.I.<sup>3</sup></b> |
|---------------------------|----------------------|--------------------------|----------|-------------|-------------------------|
| Total                     | 216                  | 32.4                     | 379      | 67.6        | 4.2                     |
| Gender                    |                      |                          |          |             |                         |
| Male                      | 89                   | 33.6                     | 158      | 66.4        | 6.6                     |
| Female                    | 127                  | 31.3                     | 221      | 68.7        | 5.3                     |
| Age                       |                      |                          |          |             |                         |
| 18-64                     | 118                  | 24.6                     | 319      | 75.4        | 4.5                     |
| ≥65                       | 97                   | 60.7                     | 57       | 39.3        | 8.9                     |
| Education                 |                      |                          |          |             |                         |
| ≤High School              | 114                  | 36.4                     | 174      | 63.6        | 6.4                     |
| >High School              | 101                  | 28.8                     | 204      | 71.2        | 5.5                     |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Ever Had a Pneumonia Shot, Aged 65 and Older

*Hamilton, Herkimer*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n  | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|----|------|-------------------|
| Total              | 104            | 67.5               | 46 | 32.5 | 8.9               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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**Ever Had a Pneumonia Shot**

*Hamilton, Herkimer*

| <b>Demographic Groups</b> | <b>n<sup>1</sup></b> | <b>Yes %<sup>2</sup></b> | <b>n</b> | <b>No %</b> | <b>C.I.<sup>3</sup></b> |
|---------------------------|----------------------|--------------------------|----------|-------------|-------------------------|
| Total                     | 173                  | 26.5                     | 389      | 73.5        | 4.0                     |
| Gender                    |                      |                          |          |             |                         |
| Male                      | 71                   | 27.1                     | 156      | 72.9        | 6.3                     |
| Female                    | 102                  | 26.0                     | 233      | 74.0        | 5.1                     |
| Age                       |                      |                          |          |             |                         |
| 18-64                     | 69                   | 14.9                     | 339      | 85.1        | 3.9                     |
| ≥65                       | 104                  | 67.5                     | 46       | 32.5        | 8.9                     |
| Education                 |                      |                          |          |             |                         |
| ≤High School              | 97                   | 32.1                     | 176      | 67.9        | 6.3                     |
| >High School              | 75                   | 21.4                     | 212      | 78.6        | 5.0                     |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

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<sup>3</sup>95% Confidence Interval

Expanded BRFSS, 2003 - New York State Department of Health

## Have Had Permanent Teeth Removed because of Tooth Decay or Gum Disease

*Hamilton, Herkimer*

| <b>Demographic Groups</b> | <b>n<sup>1</sup></b> | <b>Yes %<sup>2</sup></b> | <b>n</b> | <b>No %</b> | <b>C.I.<sup>3</sup></b> |
|---------------------------|----------------------|--------------------------|----------|-------------|-------------------------|
| Total                     | 353                  | 54.9                     | 228      | 45.1        | 4.8                     |
| Gender                    |                      |                          |          |             |                         |
| Male                      | 138                  | 52.9                     | 104      | 47.1        | 7.3                     |
| Female                    | 215                  | 56.8                     | 124      | 43.2        | 6.2                     |
| Age                       |                      |                          |          |             |                         |
| 18-34                     | 29                   | 28.4                     | 77       | 71.6        | 9.8                     |
| 35-54                     | 127                  | 52.5                     | 100      | 47.5        | 7.3                     |
| ≥55                       | 196                  | 77.5                     | 49       | 22.5        | 6.6                     |
| Education                 |                      |                          |          |             |                         |
| ≤High School              | 200                  | 66.2                     | 81       | 33.8        | 6.9                     |
| >High School              | 151                  | 44.7                     | 147      | 55.3        | 6.4                     |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Having Seen a Dental Professional in the Past 12 Months

*Hamilton, Herkimer*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n   | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|-----|------|-------------------|
| Total              | 379            | 72.3               | 139 | 27.7 | 4.6               |
| Gender             |                |                    |     |      |                   |
| Male               | 153            | 70.0               | 62  | 30.0 | 7.2               |
| Female             | 226            | 74.4               | 77  | 25.6 | 5.8               |
| Age                |                |                    |     |      |                   |
| 18-34              | 69             | 62.7               | 37  | 37.3 | 10.7              |
| 35-54              | 159            | 72.4               | 63  | 27.6 | 6.5               |
| ≥55                | 148            | 81.2               | 38  | 18.8 | 6.2               |
| Education          |                |                    |     |      |                   |
| ≤High School       | 152            | 66.3               | 74  | 33.7 | 7.5               |
| >High School       | 227            | 76.9               | 65  | 23.1 | 5.5               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

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<sup>3</sup>95% Confidence Interval

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## Trying to Lose Weight

*Hamilton, Herkimer*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n   | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|-----|------|-------------------|
| Total              | 279            | 44.1               | 317 | 55.9 | 4.6               |
| Gender             |                |                    |     |      |                   |
| Male               | 83             | 31.8               | 164 | 68.2 | 6.5               |
| Female             | 196            | 55.6               | 153 | 44.4 | 6.1               |
| Age                |                |                    |     |      |                   |
| 18-34              | 44             | 36.3               | 62  | 63.7 | 10.1              |
| 35-54              | 117            | 49.6               | 113 | 50.4 | 7.2               |
| ≥55                | 116            | 44.2               | 140 | 55.8 | 6.9               |
| Education          |                |                    |     |      |                   |
| ≤High School       | 128            | 40.6               | 161 | 59.4 | 6.5               |
| >High School       | 151            | 47.4               | 154 | 52.6 | 6.4               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Trying to Maintain Current Weight of Those not Trying to Lose Weight

*Hamilton, Herkimer*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n   | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|-----|------|-------------------|
| Total              | 176            | 53.7               | 138 | 46.3 | 6.6               |
| Gender             |                |                    |     |      |                   |
| Male               | 80             | 46.3               | 84  | 53.7 | 8.8               |
| Female             | 96             | 64.5               | 54  | 35.5 | 9.3               |
| Age                |                |                    |     |      |                   |
| 18-34              | 28             | 43.0               | 34  | 57.0 | 14.2              |
| 35-54              | 65             | 59.1               | 48  | 40.9 | 10.1              |
| ≥55                | 81             | 57.0               | 56  | 43.0 | 9.9               |
| Education          |                |                    |     |      |                   |
| ≤High School       | 73             | 45.1               | 87  | 54.9 | 9.2               |
| >High School       | 102            | 62.5               | 50  | 37.5 | 9.3               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Eating Fewer Calories or Less Fat to Lose or Maintain Weight

*Hamilton, Herkimer*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n  | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|----|------|-------------------|
| Total              | 351            | 76.1               | 99 | 23.9 | 4.7               |
| Gender             |                |                    |    |      |                   |
| Male               | 113            | 72.8               | 47 | 27.2 | 7.6               |
| Female             | 238            | 78.4               | 52 | 21.6 | 6.0               |
| Age                |                |                    |    |      |                   |
| 18-34              | 51             | 69.8               | 21 | 30.2 | 12.5              |
| 35-54              | 138            | 73.4               | 42 | 26.6 | 7.5               |
| ≥55                | 160            | 82.7               | 35 | 17.3 | 5.8               |
| Education          |                |                    |    |      |                   |
| ≤High School       | 158            | 78.7               | 40 | 21.3 | 6.9               |
| >High School       | 192            | 74.0               | 59 | 26.0 | 6.4               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Using Physical Exercise to Lose or Maintain Weight

*Hamilton, Herkimer*

| <b>Demographic Groups</b> | <b>n<sup>1</sup></b> | <b>Yes %<sup>2</sup></b> | <b>n</b> | <b>No %</b> | <b>C.I.<sup>3</sup></b> |
|---------------------------|----------------------|--------------------------|----------|-------------|-------------------------|
| Total                     | 317                  | 71.8                     | 137      | 28.2        | 4.6                     |
| Gender                    |                      |                          |          |             |                         |
| Male                      | 114                  | 71.1                     | 49       | 28.9        | 7.8                     |
| Female                    | 203                  | 72.4                     | 88       | 27.6        | 5.7                     |
| Age                       |                      |                          |          |             |                         |
| 18-34                     | 55                   | 74.7                     | 17       | 25.3        | 11.7                    |
| 35-54                     | 136                  | 76.6                     | 46       | 23.4        | 6.6                     |
| ≥55                       | 122                  | 64.6                     | 74       | 35.4        | 7.3                     |
| Education                 |                      |                          |          |             |                         |
| ≤High School              | 125                  | 62.8                     | 76       | 37.2        | 7.7                     |
| >High School              | 192                  | 78.8                     | 60       | 21.2        | 5.4                     |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Ever Had a Pap Smear

*Hamilton, Herkimer*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n  | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|----|------|-------------------|
| Total              | 250            | 95.1               | 14 | 4.9  | 2.9               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

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## Had a Pap Smear in Past 3 Years

*Hamilton, Herkimer*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n  | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|----|------|-------------------|
| Total              | 217            | 84.8               | 45 | 15.2 | 4.6               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval